



## KS1 Spring 2 Newsletter

Dear Parents and Carers,

\*Our topic this half term is 'Let's get fit and healthy'. The children will be looking at where different food comes from and they will have the chance to design and make a healthy snack. In Science, we will be learning about animals including humans and also finding out how to stay healthy. If possible, please can you send in a baby photograph for our display. These photographs will be returned after we have completed the topic.

Please help your child with the topic by talking to them about their learning and helping them to think of questions they would like to have answered about keeping fit and healthy. Also, we would be grateful if you could look at and send in any food labels which show where the particular food comes from.

\*The weather is still unpredictable and is often cold and wintry. Please make sure your child is dressed appropriately for school. We encourage the children to bring a coat even if it is sunny, as the weather may change during the day. Also to ensure no items become lost, please ensure you place your child's name in all of their belongings.

\*P.E Kit-Please remember to remove your child's earrings on PE day or provide plasters to cover them over. They are unable to take part for health and safety reasons, if they have not removed them and PE is part of the school curriculum. It is essential that they have their PE kits in school as we do not always have enough spare kits. Also, children require appropriate footwear for P.E such as pumps or trainers.

Also, P.E days have now changed for KS1, the following are our new P.E days for this half term;

Class 4 Mrs Booth/Mrs Hale- Wednesday

Class 5 Miss Simpson- Monday

Class 6 Mrs Wright- Wednesday

\* Easter Disco- KS1 will be having an Easter Disco on Tuesday 2<sup>nd</sup> April. More information about this will be given later in the half term.

\* How you can help your child

We ask that you to continue to read with your child and return reading packs and books each week, as reading is important in all areas of the curriculum. If you have not yet come to the KS1 library after school on Wednesdays, please consider coming, as it is FREE and is a good way of sharing books with your child. It is also important that your child gets the opportunity to read for pleasure.

Help your child to practice their weekly spellings.

Encourage any opportunities for writing, lists, cards, stories e.t.c

Yours Sincerely,  
Miss Simpson  
KS1 Leader

