



# Listening and Concentration

Top tips to help improve your child's concentration and listening skills



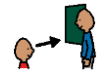
Turn off the TV and try to reduce other background noise e.g. washing machine.



Put other toys away so they focus on one activity or game.



Choose a time when they are not tired or hungry



Give them your full attention.



Say their name and wait for them to look at you.



Keep the game short and fun.



Gradually increase the time spent sitting down to do an activity.



Sing Nursery rhymes or favourite songs and let them say the last word in each line e.g. Twinkle, twinkle little .....



Take turns at adding bricks to a tower, posting shapes in a shape sorter or putting pieces in a jigsaw.



Play musical statues – listen out for when the music stops.



Follow your child's interests and make something simple together or do some baking. Encourage them to help you finish the activity.



Give your child lots of praise for doing an activity or playing a game with you – even if it was only for a short time.