



Understanding Language

Top tips to help your child understand what you say



Make sure you have their attention – turn off the TV and get rid of distractions.



Say their name first to gain their attention



Say new words lots of times and in different situations



Make sure they can see the object when you say the word so they can link the word with the object.



Start with the names of things – around the house, in the park, at the supermarket.



Outdoors – show your child different actions as you say the word e.g. 'Let's jump. Great jumping!'



Point out things to them when you are out. You could say 'Look, there's a man riding a bike'



Point to pictures in books and say what it is.



When giving instructions, use short sentences – not too many words, keep it simple.



Pause and give your child time to process what you have said.



Try not to bombard your child with questions.